

PLANNING

MOTIVATION

LEADERSHIP

MANAGEMENT

ONE
DAY

Embedding Trauma-Informed Care and Practice for Managers

Professional Development Training: 6.5 CPD Hours

DATE: Friday 19 June, 2020

TIME: 9am - 5pm

LOCATION: Rydges Adelaide, 1 South Terrace, Adelaide SA 5000

BOOK ONLINE: <https://blueknot.memnet.com.au/MemberSelfService/EventBooking.aspx?selectedEventId=1227>

This one-day interactive professional development training alerts leaders and managers to the benefits of embedding trauma-informed principles throughout their services, systems and organisations, and provides the framework and steps to undertake the process.

Informed by current research, this training highlights the reality that many clients and staff have experiences of past and present traumas, putting them at higher risk of re-traumatisation. The impacts of trauma and their dynamics often profoundly affect staff and client health and wellbeing. Staff's ability to optimally interact, function and engage with their work may also be affected.

The training explores how best to embed trauma-informed principles within the organisation's policy framework, including worker health and safety and risk management, to build quality trauma-informed care to clients and better support staff working with them.

It delineates the critical role of managers in the systemic change management process - one of ongoing commitment, engagement and collaboration across all levels of the program, system or organisation. Doing so is a "win-win" for clients, staff and organisations alike, in terms of better client outcomes, greater staff satisfaction and productivity, reduced stress and enhanced well-being for all.

By doing a client-walk through and organisational audit against the five principles, managers will have the basis for a practical change plan that can be applied after the training. Organisations may also engage Blue Knot Foundation's consultancy service to assist with this change management process.

LEARNING OUTCOMES

By participating in this professional development training, participants will:

1. Acquire knowledge of types, prevalence, trauma impacts, complex trauma, stress response and survivor adaptations so that managers can appropriately support clients and staff with trauma histories
2. Articulate the definition, benefits, need for, and challenges to the development of trauma-informed services
3. Conduct a client walk-through and a trauma-informed organisational audit
4. Evaluate the barriers and opportunities of embedding trauma-informed principles into practice, policies and systems in your organisation; and develop a trauma-informed change plan

WHO SHOULD ATTEND?

Anyone in a leadership or management role in any organisation working with people who wants to understand and implement trauma-informed care and practice principles in their workplace or service.