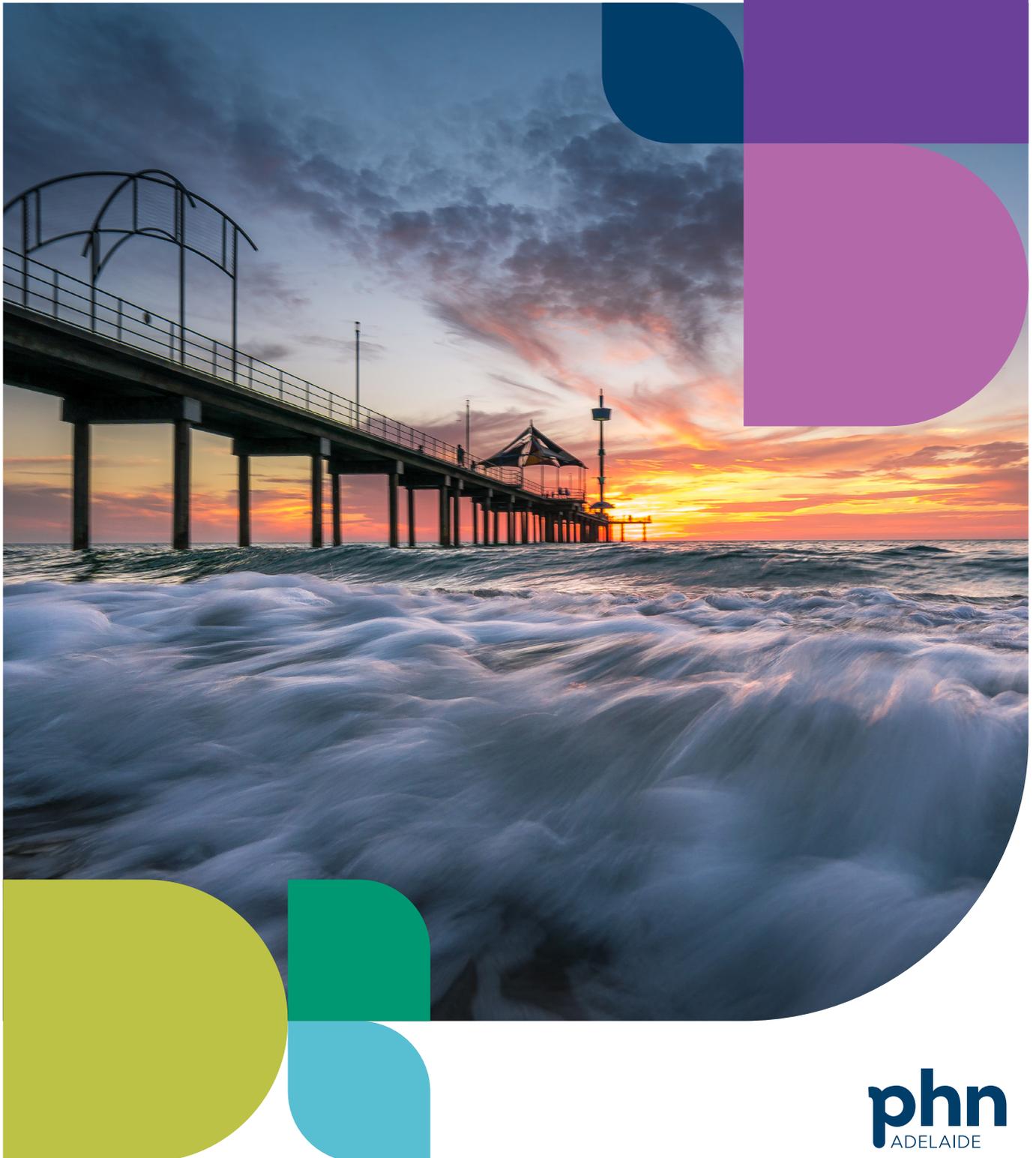


Connect

May 2022



phn
ADELAIDE

An Australian Government Initiative

May 2022

Connect

A Message from Michelle McKay	3
Commissioning Update	4
Needs Assessment Now Live	5
Closing the Gap Day Event	6
Report Cards Now Live	8
Supporting IDAHOBIT Day	11
Flinders University Collaboration	12
Ukrainian Refugee Support	13
Influenza Update	14
HealthPathways SA Update	16
COVID-19	19
Digital Health	26
Practice Support	32
Primary Health Care in Action	36

Adelaide PHN

Level 1, 22 Henley Beach Road
Mile End SA 5031
PO Box 313,
Torrensville Plaza SA 5031
08 8219 5900
enquiry@adelaidephn.com.au
adelaidephn.com.au

Cover Photo

Brighton Beach, Adelaide South

We acknowledge the Kaurna peoples who are the traditional Custodians of the Adelaide region. We pay tribute to their physical and spiritual connection to land, waters and community, enduring now as it has been throughout time. We pay respect to them, their culture and to Elders past and present. We would also like to acknowledge and pay our respects to those Aboriginal and Torres Strait Islander people from other Nations who live, work, travel and contribute on Kaurna Country.

Marni Naa Pudni "Welcome"



A message from Michelle McKay



2022 is flying by fast and I can't believe we are heading into winter already!

Our team has been busy reviewing the health and primary care service needs for our Adelaide region and after a significant engagement and consultation process, I am excited to announce our Needs Assessment is now live.

We continue to forge partnerships to improve the health of our city. We recently launched a new research collaboration with Flinders University focused on building capacity and capability to respond to community needs in ageing. We welcomed Professor Stacey George to our team and are excited to work with an academic partner to support the translation of research into practice.

We recently signed a memorandum of understanding with the Northern Adelaide Health and Wellbeing Partnership, formalising our commitment to a shared vision to create a flourishing and vibrant health and wellbeing community for Adelaide's northern regions. We look forward to working together to deliver the best outcomes for the community. Stay tuned to find out more.

We also joined with the Department of Health and Wellbeing, the

Department of Premier and Cabinet and the Advertiser Foundation to support newly arrived Ukrainian families. We provided resources on suitable services and supports we commission and facilitated the donation of backpacks to welcome Ukrainian children. This initiative of the Advertiser Foundation resulted in the community raising over \$90,000 for Ukrainian refugees.

I recently had the pleasure of attending Sonder's Closing the Gap Day event that welcomes Aboriginal and Torres Strait Islander people of all ages and mobs/clans to come together and enjoy a day of live entertainment, food and information sharing. It was a great opportunity to meet some of the amazing people supporting this important initiative. I was honoured to share about our work to help close the gap and support Aboriginal and Torres Strait Islander health equality.

As always, this edition is packed full of content. You'll be able to read about this and more as we cover the launch of our Report Cards, introduce our Practice Facilitators, shine a spotlight on our General Practice Respiratory Clinics, and talk to all things influenza. Stay warm and keep healthy!

Michelle McKay | CEO

Commissioning Update

Adelaide PHN receives funding from the Australian Government Department of Health to commission services which meet the health needs of the Adelaide metropolitan community.

Below is a summary of our recent commissioning activity.

- **Commissioned:** COVID Non-Medicare Vaccination Project
- **Commissioned:** Greater Choice for at Home Palliative Care (a number of organisations were funded to provide support to palliative care patients and their carers)
- **Commissioned:** Australian Primary Health Care Nurses Association Infection Control Webinars

We'll continue to provide commissioning updates as they become available.

Commissioning Handbook

Adelaide PHN's Commissioning Handbook 'A Service Providers Guide' is a great resource that not only articulates our expectations but also provides some useful tips to aid the commissioning process for our current and future partners. You can access a copy of the handbook via our [website here](#).

Organisations can keep updated with our commissioning activities (including upcoming Requests for Proposal, Requests for Tender or Expressions of Interest) by registering for access to the Tenderlink portal via tenderlink.com.au/adelaidephn.



Needs Assessment

2021 submission is now live!

The Needs Assessment is an important process for all Primary Health Networks (PHN) to identify and analyse health and service needs within their regions and prioritise activity to address those needs.

Since 2015, Adelaide PHN has completed nine Needs Assessment reports by triangulating health and service needs, with input from Adelaide PHN councils, stakeholders, and the community. These reports support core strategic activities such as prioritising, planning, and procuring services to address those most in need.

PHN Needs Assessments are conducted in three-year cycles, and are reviewed and updated annually. The most recent report, the Adelaide PHN Needs Assessment 2022-23 to 2024-25, was submitted in late 2021 and marked the first report of a new three-year cycle.

The new Needs Assessment contains the results of a comprehensive analysis, synthesis and priority setting process for four of our PHN National Priority Areas (NPAs): Mental Health and Suicide Prevention; Digital Health; Workforce; and Older People and Aged Care. Needs were identified from analysis of national and local

datasets and research, as well as from consultation with our councils, stakeholders, and the community.

Specific consultations for mental health included a stakeholder survey and a range of focus groups, which engaged over 100 stakeholders from diverse groups, including people with lived experience of mental illness, GPs, mental health clinicians, and representatives from Adelaide PHN commissioned primary mental health care services, mental health peak body organisations, Local Health Networks, and the SA Government.

In previous years, Adelaide PHN had conducted large surveys of both general practice and allied health providers in the region, however these were not conducted in 2021 primarily due to reduced workforce capacity, and reorientation of resources in our organisation because of COVID-19. Alternate mechanisms for how best to engage with our region's health workforce are currently being considered.

The 2021 process resulted in a total of 45 priority statements across the seven priority areas; this included the development of 31 new (or refined) priorities and 14 carried over from previous Needs Assessments process (2019 and

2020 submissions).

Activities are currently underway for a comprehensive update for the Population Health and Aboriginal and Torres Strait Islander Health national priority areas. The results of which will be finalised in November 2022.

To read the latest report and access a summary of our priorities, please visit the Needs Assessment page on [our website](#).

Closing the Gap Day Event



Photo: Adelaide PHN staff (top) and Welcome to Country with Uncle Moogy Sumner and Isaac Hannam (bottom)

Adelaide PHN sponsored Sonder's Closing the Gap (CTG) Day event on 18 May 2022.

This free event welcomes Aboriginal and Torres Strait Islander people of all ages and mobs/clans to come together and enjoy a day of live entertainment, food, and information sharing. As one of SA's largest health events for Aboriginal and Torres Strait Islander people, CTG Day provides an important opportunity to learn about services that support the community in health and wellbeing.

Traditionally hosted annually on 17 March to coincide with National Close the Gap Day, this year's delayed event was the first CTG Day since 2019 due to the COVID pandemic. The community response was fantastic with 1,500 people attending, including lots of families and school groups.

The event kicked off with a Welcome to Country, performed by Uncle Moogy Sumner and Uncle Frank Wanganeen. Our CEO, Michelle McKay, was honoured to speak about our work to ensure that the services we commission are culturally safe, appropriate, and respectful. Event goers were entertained all day with MC, Sean Choolburra, guiding attendees through a range of guest

speakers and live performances including Nathan May Band, Eskatology and the Tal-Kin-Jerri Dance Group.

The community was invited to enjoy a free shared lunch featuring native ingredients and grab a free drink from the coffee van. First Nations artists and designers showcased and sold their craft in the Nunga Marketplace, while a range of health and wellbeing services were present to discuss community support options. Visitors could even get a free general health check.

Adelaide PHN was proud to be a part of this amazing day. Our stall was stocked with resources and information about our work, while our Practice Facilitators were on hand to chat and answer questions. Our Immunisation Coordinator was available to discuss all things immunisation and assist attendees to get their free flu vaccination. We supported the 44 flu vaccines administered on the day.

Adelaide PHN would like to extend a special thank you to Sonder for hosting this great event and creating a welcoming environment for all involved.



Photo: Uncle Frank Wanganeen, Uncle Moogy Sumner, Sageran Naidoo, Vicki Holmes, Michelle McKay, Kurt Towers, Isaac Hannam, and Sean Choolburra

Adelaide PHN provides funding to support the Integrated Care Team Closing the Gap Program. Find out more about this program via [Sonder's website](#).

Aboriginal health at Adelaide PHN

Aboriginal health is a key priority area for Adelaide PHN. We commission a range of programs and activities as part of our commitment to improving health outcomes and accessibility of primary health care for Aboriginal and Torres Strait Islander people.

To learn more about the work we have and continue to achieve, please visit [our website](#).

To see how we're progressing on our journey towards reconciliation,

please see [our Innovate Reconciliation Action Plan](#).

You can access a list of our commissioned Aboriginal services, including the Closing the Gap Program, by visiting our [Directory of Services and Programs](#).

Report Cards Now Live

Demonstrating our impact within our national priority areas

We are pleased to announce the launch of our 2020/21 Priority Area Report Cards.

As outlined in the previous edition of Connect, the Report Cards represent an easy-to-read pictorial overview of the activities and achievements against each of our National Key Performance Indicators. Information contained within the Report Cards have been drawn from a range of sources, including Adelaide PHN commissioned activities and services, state and national data.

The six Report Cards demonstrate our impact within each of the following national priority areas:

- [Aboriginal Health](#)
- [General Practice and Digital Health](#)
- [Health Workforce](#)
- [Population Health](#)
- [Mental Health and Alcohol and other Drugs](#)
- [Aged Care](#)

You can access a copy by clicking the links above or by visiting adelaidephn.com.au/reportcards.



Adelaide PHN's

Report Cards Now Live





IDAHOBIT

MAY 17

INTERNATIONAL DAY AGAINST LGBTQIA+ DISCRIMINATION



Photo: Adelaide PHN staff and guest speaker, Zac Cannell

Supporting IDAHOBIT Day

17 May 2022 marked IDAHOBIT Day, the International Day Against Homophobia, Biphobia, Interphobia and Transphobia.

Adelaide PHN is committed to creating a safe and inclusive culture for our staff and wider community. To show our support for IDAHOBIT, we hosted a rainbow morning tea, with warmly welcomed guest speaker, Zac Cannell (he/him), Founder of Trans Health SA and Trans Masc SA.

Zac shared his own personal journey and spoke to the importance of inclusive language, pronouns, and LGBTQIA+ safety and inclusion in workplace environments.

Staff showed their support on the day by collectively donating \$270!

We've provided a message from Zac below -

"That's incredible! Thank you so much! I'd like to use the funds to pay a community member to reformat the Practitioner List to make it more readable and go over all the numbers and names to ensure currency."

To support Zac's messaging, Adelaide PHN's donation will entirely go to [Trans Health SA](#), specifically to update the [SA Practitioners List](#).

To learn more about the importance of IDAHOBIT Day, please visit idahobit.org.au.

Want to learn more?

IDAHOBIT was started on May 17 1990 when the World Health Organisation removed homosexuality from the Classification of Diseases and Related Health Problems.

Visit idahobit.org.au to find out more.

Flinders University Collaboration



Photo: Stacey George, Professor in Healthy Ageing, Support and Care

Improving the health of ageing Australians, coordinating care to prevent poor outcomes and incorporating personal experiences into decision making is the focus of a new collaborative venture driven by Flinders University and Adelaide PHN.

With the appointment of Stacey George as Professor in Healthy Ageing, Support and Care, the new strategic vision led by her research team is building the capacity and capability for endeavours that directly respond to community needs in ageing.

The position will support evidence-based implementation of Australia's Primary Health Care 10 Year Plan

2022-2032 across Adelaide and facilitate rigorous evaluation guided by implementation approaches to evaluate both outcomes for older people and changes of practice.

Professor Stacey George says the plan has identified a gap in allied health and nursing services particularly in aged care services.

'By engaging with industry, government, and other external organisations, we'll be strengthening research collaborations and supporting the recruitment of international and domestic higher degree research students and fellowships.'

'Collaboration with the Caring Futures Institute will provide strategic leadership and vision through the development of research capacity and capability increasing research performance and responding to the needs and priorities of the University and Adelaide PHN with evidence-based results.'

Adelaide PHN's Board Chair Tom Symonds says the organisation is delighted to welcome Professor Stacey George into the new role.

'This collaboration will go a long way in developing and expanding

the translational research agenda in such an important area for our whole community. Adelaide PHN as the industry partner and the Caring Futures Institute as the academic partner, are both organisations that I know are driven by a mission to see better care delivered in our community.

Working together we will focus on building research capacity and capability to support the translation of research into practice and ultimately improved health outcomes for older people.'

Adelaide PHN is excited to work with Professor Stacey George and will provide updates as this project progresses.

You can learn more by visiting our [announcements page](#) or the [Flinders University website](#).



Photo: Backpacks donated by Adelaide PHN in support with Backpacks 4 Kids

Ukrainian Refugee Support

Early in May 2022, Adelaide PHN was provided an opportunity to work with the Department for Health and Wellbeing, and the Department of Premier and Cabinet, to support an event hosted by The Advertiser Foundation for newly arrived Ukrainian families in South Australia.

We provided in-language resources and appropriate commissioned service supports, and with the help of Backpacks 4 Kids, we were able to donate 15 backpacks to the Ukrainian children.

The families were incredibly appreciative of the support and felt

very welcomed into the state.

Remaining donations will be provided by the Advertiser Foundation to Ukrainian community groups to distribute amongst families, including those who weren't able to attend the event or any future arrivals.

The Advertiser Foundation initiative resulted in the community raising **over \$90,000** for Ukrainian refugees, with many more expected.

Adelaide PHN was extremely honoured to support these families and look forward to our future contributions.

A wrap-up of the event can be found on [The Advertiser's website](#).

How can you help?

You can help those affected by the Ukraine conflict by donating to the Shout appeal. The funds you donate will help displaced Ukrainian families get established with basic needs in South Australia.

Learn more by visiting shoutforgood.com/fundraisers/ukraine

Influenza Update

A message from our Immunisation Coordinator

Health experts have been concerned for some time that influenza will make a return, and their concerns have been realised. Borders are open and the flu has travelled first class.

With flu notifications exploding, this year will be one to watch. Australia is the first country in the world to experience high rates of co-circulating flu and COVID-19, and as there has already been some notifications of co-infection (commonly referred to as "Flurona"), health experts are strongly recommending people to be vaccinated against flu to help reduce the risk of severe disease.

There have been 10,599 cases of flu reported to the National Notifiable Disease Surveillance System so far this year (as at 8 May), and 7,173 of them were diagnosed within two weeks. At that time, there were 153 people hospitalised with influenza, with seven of them admitted to ICU. Bear in mind there were only around 600 flu notifications for the whole of the 2021 year!

Flu cases are often under reported as not all patients are tested for flu or seek medical advice. There is concern that under reporting will be worse this year as unwell people will potentially self-test for COVID-19 using a Rapid Antigen Test, and if negative, be reassured they do not have COVID, but will not seek testing for flu.

According to the recent Australian Department of Health's Influenza Surveillance Report, people aged 15 - 24 years and children under 10 years of age have had the highest notifications rates this year.

If you have never considered a flu vaccine for yourself or your children previously, now might be the year to chat to your health provider about getting vaccinated!

Consumers have choices for flu vaccines, much like they have choices for COVID-19 vaccines.

Egg-based and cell-based vaccines are available in Australia so talk to your health professional to gain more understanding of the options available.



Photo: Gaby Jones from TTG Council and Angela Graham from HAIMS

Baby expo

We are always seeking opportunities to discuss vaccination with our community, and recently we staffed a brightly decorated, eye catching immunisation information booth at the Pregnancy, Babies and Children's Expo on Saturday 30 April and Sunday 1 May 2022.

Over the two days, we had the support of very experienced vaccination nurses who kindly volunteered their time to share their knowledge. With over 7,000 visitors to the Expo, we had the chance to chat about recommended vaccines for pregnant women, newborns and infants, children, and adolescents. Given so many grandparents play a role in baby-sitting or childcare when parents return to work, we used this opportunity to discuss recommended vaccines for seniors.

So many adults did not know people aged 50 years and older who want to reduce their risk of herpes zoster can receive shingles vaccine, or that they should receive a booster against whooping cough if it has been 10 years or more since their last dose.

While whooping cough vaccine is not funded for adults, and shingles vaccine is not funded until a person is 70 years of age, those we spoke to were happy to pay for the vaccines as they agreed they would not like to have something as painful as shingles or as contagious as whooping cough if they were caring for young babies or small children.

Vaccinations protect you, your loved ones and your community from certain diseases, so please make sure you are up to date!

Angela Newbound | Immunisation Coordinator

Find out more

To learn more about the flu season and access relevant resources, please visit -

- [The SA Health website](#)
- [The Department of Health's website](#)
- [NCIRS website](#)
- [Immunisation Coalition website](#)

An Update from HealthPathways SA

HealthPathways SA helping you getting ready for the flu season

Vaccination against influenza this year is very important. Over the COVID-19 period, there has been a lower exposure to the influenza virus and lower levels of influenza vaccine coverage compared to previous years. With borders reopening, a possible resurgence of influenza may occur.

HealthPathways SA can support winter preparedness with a suite of influenza and immunisation resources tailored to the South Australian context.

Influenza and immunisation pathways have recently been updated to include information about the seasonal influenza vaccination program; as well as links to key resources from SA Health, Department of Health and ATAGI.

Relevant pathways include:

- [COVID-19 information page](#) - updated frequently in line with SA Health
- [COVID-19 Impact on Clinical Care](#)
- [Influenza](#)

- [Pandemic Influenza](#)
- [Immunisation](#)
- [Influenza Immunisation](#)
- [Immunisation Advice and Coordination](#)
- [Community acquired Pneumonia](#)
- [COPD - COPD Assessment, COPD management and acute exacerbations](#)
- [Asthma in Adults - Acute and Non-Acute](#)
- [Asthma in Children - Acute and Non-Acute](#)

Angela Newbound, immunisation subject matter expert for HealthPathways SA says -

"HealthPathways SA is an online portal that provides general practitioners and other health professionals easy access to comprehensive, evidence-based assessment, management, and referral resources for specific health conditions."

The Influenza Immunisation Pathway assists health professionals to navigate the influenza vaccination program with confidence and outlines the details of the influenza vaccines available in 2022, and guides providers as to which patients should be considered for PCR testing, anti-viral treatment and prophylaxis."

HealthPathways SA is free and available for all South Australian health professionals.

To access or to find out more visit the [HealthPathways SA project site](#).

For all enquiries, please contact the HealthPathways SA Team: enquiries@sahealthpathways.com.au.

HealthPathways South Australia is a partnership between Wellbeing SA, Adelaide PHN and Country SA PHN.



Help stop the Flu in 2022

Support your patients this winter

Influenza Immunisation – Updated April 2022

Available free for health professionals with up-to-date clinical assessment, management and local service information for SA.

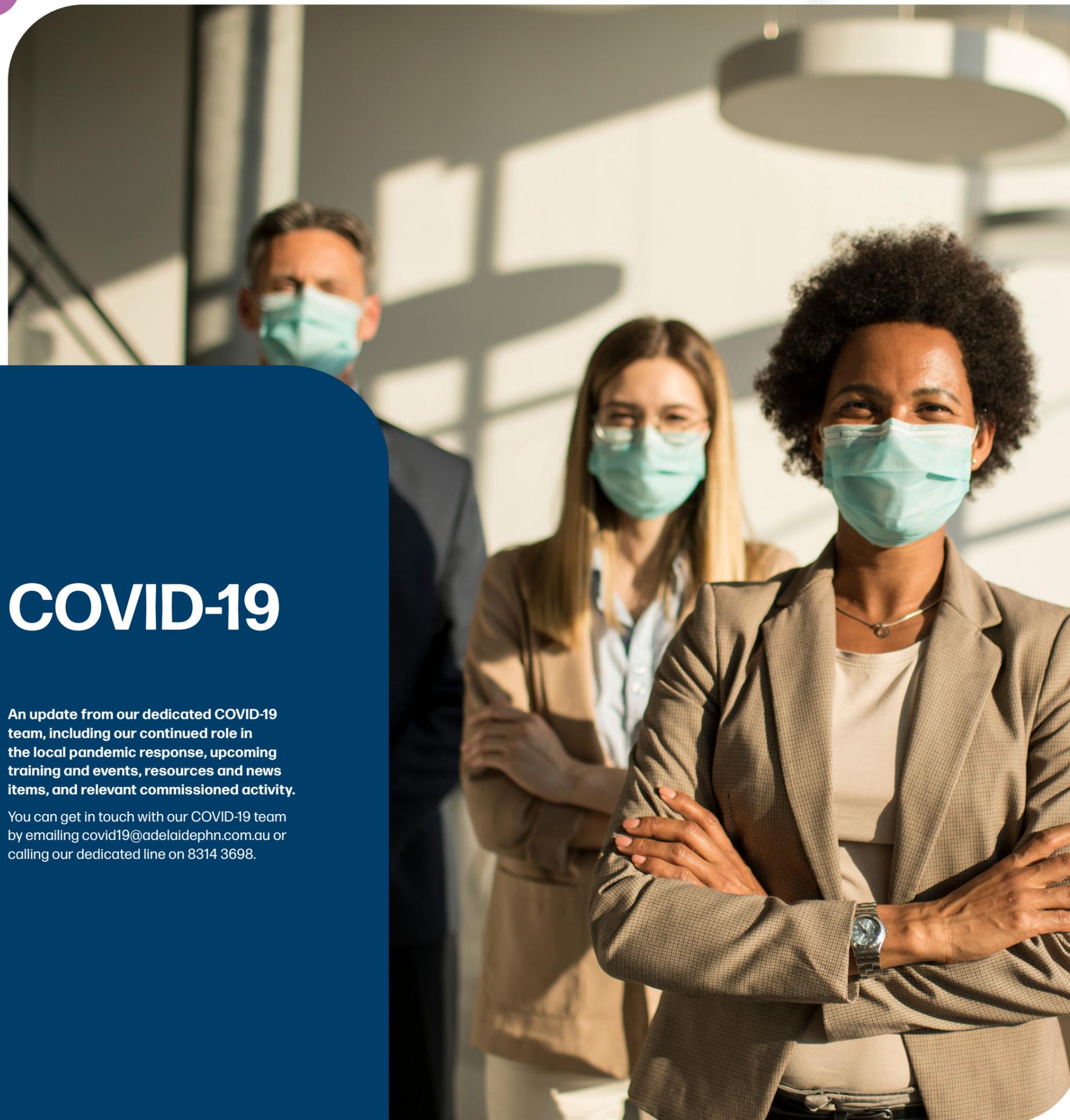
Register now for HealthPathways or talk to us about easy access in general practice via Topbar enquiries@sahealthpathways.com.au

HealthPathways
SOUTH AUSTRALIA

COVID-19

An update from our dedicated COVID-19 team, including our continued role in the local pandemic response, upcoming training and events, resources and news items, and relevant commissioned activity.

You can get in touch with our COVID-19 team by emailing covid19@adelaidephn.com.au or calling our dedicated line on 8314 3698.



Our COVID Response Team continues to support general practice and other primary health care providers through the COVID-19 pandemic.

Adelaide PHN continues to keep general practice and primary health care providers informed with the latest news via regular emails and website updates. We host regular webinars in conjunction with SA Health, exploring the latest COVID topics in-depth. Recordings of past webinars are available via our [YouTube channel](#).

We continue to facilitate the vaccine roll-out by providing information and Personal Protective Equipment (PPE) supplies to support general practice, pharmacies, and Commonwealth Vaccination Clinics to provide winter COVID doses and boosters. Our team supports residential aged care facilities to ensure their residents are up to date with their COVID vaccinations. We coordinate Pop Up Medics to vaccinate vulnerable community members in the safety and comfort of their own homes.

Adelaide PHN continues to support COVID positive people to access ongoing care during their isolation period. We commission Wellbeing SA to provide community care

for patients who cannot access their usual GP due to their COVID diagnosis. Care is provided in the patient's own home for those who are considered low to moderate risk who can safely remain in the community.

We highlight the excellent work our COVID team has achieved to date and learn more about Adelaide's General Practice Respiratory Clinics (GPRC) over the coming pages.

Keep updated by visiting adelaidephn.com.au/covid19.

COVID-19 Vaccinations

For non-Medicare eligible people



The Australian Government has requested our ongoing support to facilitate the urgent vaccination of Adelaide's most vulnerable people, particularly those who may have difficulty accessing COVID vaccinations because they do not have a Medicare card or are ineligible for Medicare.

Adelaide PHN has facilitated general practice access to funding for an equivalent Medicare Benefits Scheme payment to cover the cost of COVID vaccinations for those without Medicare, removing this barrier to vaccination.

We invited general practices to express their interest in helping vaccinate their non-Medicare vulnerable clients and several practices are now involved. We analysed deidentified data and approached each practice to identify vulnerable patients among their client record, who will then identify and invite them to get their free COVID vaccine. This project is underway, and vaccinations have started.

phn
ADELAIDE
An Australian Government Initiative

Looking to book your COVID-19 vaccination?

Adelaide Central Vaccination Clinic: 0475 724 107
Northern Vaccination Clinic: 7089 5799
Reynella Respiratory and Vaccine Clinic: 0478 455 771
Athelstone Respiratory COVID Clinic: 8166 2125

Book into a Commonwealth Vaccination Clinic over the phone or online by visiting adelaidephn.com.au/respiratoryclinics

General Practice Respiratory Clinics

Adelaide PHN supports four General Practice Respiratory Clinics (GPRCs) across Adelaide. GPRCs assess, test and treat people with mild-to-moderate respiratory conditions. The service is available to everyone at no cost, regardless of whether they have access to Medicare.

The GPRCs have played a significant role throughout the COVID pandemic including:

- Examining, prescribing and treating patients with respiratory symptoms, particularly in the early stages of the pandemic at a time where it was unsafe for them to be seen by their regular GP due to a lack of Personal Protective Equipment (PPE) and the infection risk to health professionals
- Providing care to patients who were unable to wait for a negative PCR test result to safely see their usual GP
- Administering COVID-19 vaccinations
- Caring for COVID positive patients

Adelaide PHN supports the GPRCs by promoting clinic updates, assisting with enquiries, facilitating vaccinations and supplying PPE

needs. In the last 13 months alone, we provided approximately **60,000 items of PPE** to the four GPRCs including masks, gowns, goggles, face shields, gloves, hand sanitiser and pulse oximeters.

You can book an appointment or contact a GPRC via:

- Adelaide Central Respiratory Clinic
257 Fullarton Rd, Parkside
Call (08) 8490 6971 or [book online here](#)
- Athelstone Respiratory Clinic
33 Fox Ave, Athelstone
Call (08) 8166 2125 or [book online here](#)
- North Eastern Respiratory Clinic
1185 Main North Rd, Pooraka
Call 08 7089 5799 or [book online here](#)
- Reynella Respiratory Clinic
216 Old South Rd, Old Reynella
Call 0478 455 771 or [book online here](#)

Note - these services are strictly by appointment and only for those experiencing mild to moderate respiratory symptoms, not asymptomatic patients.

Take a read over the following pages to see what our GPRCs have been up to.

Adelaide Central Respiratory/ Vaccination Clinic



Photo: ACRC nursing team

“Our medical team were thanked on a number of occasions with bouquets of flowers and cards for their effort in making patients feel comfortable in an uncomfortable and confronting situation”

- Lucy Shearer, Business Manager, ACRC

When the COVID-19 pandemic began, Arkaba Medical Centre felt it was their duty to do what they could to provide for the community in their time of need. They assessed what was an unfamiliar and evolving situation and consciously made the decision to be front and centre of the primary care response for the both their patients and the medical community. The Arkaba Medical Centre team established South Australia's first respiratory clinic, Adelaide Central Respiratory Clinic (ACRC).

ACRC created a safe environment where risk of person to person transmission was mitigated through intelligent and innovative clinic design. The design was subsequently used as a model by other respiratory clinics both in South Australia and around the country.

The clinic provides care, relief, reassurance and treatment to patients with respiratory symptoms at a worrying time. Patients who have been most thankful for the service include parents of young children, families of people with disabilities and those struggling with the conventional COVID testing method offered elsewhere.

The ebb and flow of the pandemic in South Australia meant that the ACRC team had to be flexible and dynamic; from increasing hours and upscaling the clinic when patient numbers and need varied, to making way for vaccines when the roll-out started.

The vaccine roll-out presented a number of challenges and in response the Arkaba Medical Centre started Adelaide Central Vaccination Clinic (ACVC). This initiative was the largest GP vaccination service in the centre of Adelaide. It involved standing up a workforce quickly and creating a safe workflow to efficiently process high patient volumes whilst ensuring social distancing.

Between April 2021 and April 2022, the clinic has **administered 19,695 COVID vaccinations** and ACRC has **assessed 11,657 patients for clinical assessment**.

Article provided by ACRC.

North Eastern Respiratory/ Vaccination Clinic



Photo: patient being tested for COVID-19 at NERC

“We are very fortunate with the staff we have on board as they are always ready to adapt and help in any way they can during these changing times, which shows the commitment of our team”

- Prashiba Thavarajadeva, Practice Manager, NERC

The North Eastern Respiratory Clinic (NERC) opened its doors in April 2020 at the beginning of the pandemic in their existing general practice at Ingle Farm. The clinic opened with just one nurse, one administration officer and a rotation of five GPs. As demand for services increased and the vaccine roll-out commenced, it became increasingly evident that NERC was outgrowing its Ingle Farm site and would need a bigger building.

NERC secured a large premise next to the site of the old Paddy's Market in Pooraka. The building layout was perfect for a clinic. Two separate entrances facilitated strict infection protocols, allowing vaccinations to be administered on one side of the building and respiratory patients assessed and swabbed on the other. The larger site allowed the clinic to grow to 35 staff members with a rotation of 10 doctors by September 2021.

The Pooraka site was the perfect location to provide a vaccination hub for the northern suburbs at a time when the region was registering the lowest vaccination numbers in Adelaide. At the height of vaccinations, NERC was administering 500 vaccines a day.

As South Australia moved towards

opening state and international borders, NERC staff identified members of the community who were growing increasingly distressed because they were unable to attend the clinic for vaccination. NERC devised a plan in conjunction with Adelaide PHN to vaccinate these vulnerable people in their own homes or at residential aged care facilities.

To date, NERC has **vaccinated over 25,000 patients** with their first dose and **assessed over 15,000 respiratory patients**. As winter approaches, the clinic expects to see a significant rise in these numbers as seasonal colds and flus circulate.

Article provided by NERC.

Reynella Respiratory/ Vaccination Clinic



Photo: patient undergoing a respiratory test at RRVC

Reynella Family Care has always been a community-focused general practice involved in multiple clinical and wellness initiatives, including falls and balance classes, wellness classes for post cancer surgery or chemotherapy patients, bone density scanning and skin cancer screening. Therefore, it was natural for the clinic to decide to be a part of the COVID-19 response by establishing Reynella Respiratory and Vaccine Clinic (RRVC).

RRVC has provided a much-needed face-to-face treatment option for those with respiratory symptoms in Adelaide's south. Most notably, the clinic offers treatment and assessment to children. In fact, children account for 40% of the current volume of patients presenting to RRVC. The clinic offers reassurance and quality care to children, their parents, and their families during an anxious and stressful time.

RRVC is equipped with pathology testing with a full respiratory panel, enabling the treating doctor to identify the cause of the respiratory condition and provide the right clinical care. Every patient of RRVC who tests positive to COVID-19 receives a follow up call from the

clinic. Staff check-in on patients' wellbeing, educate patients on how to manage their symptoms and provide information on how to make a follow up appointment or what to do if their symptoms worsen.

A separate, isolated clinic room enables doctors to safely assess and treat COVID positive patients, whilst minimising infection risks by keeping positive cases separated from other patients and staff. The clinic provides COVID positive patients with a self-care kit to support them through their isolation period and help them to manage their symptoms.

To date, RRVC has:

- Treated 20,162 patients
- Administered 23,364 COVID vaccinations
- Taken 23,103 swabs for COVID tests

Note - asymptomatic patients **can not, and should not**, present to the RRVC, only those with respiratory symptoms can be tested.

Article provided by RRVC.

Athelstone Respiratory/ Vaccination Clinic



Photo: ARCC site location

"We are very proud of the service we provide"

- Tracy Abraham, Practice Manager, ARCC

Athelstone Respiratory COVID Clinic (ARCC) was created to meet a geographical gap in services treating patients with respiratory symptoms during the pandemic and prevent the local community from needing to travel extensive distances to access care. Established by the existing Athelstone general practice, Medical HQ, general practice staff volunteered to work at the clinic to ensure their regular patients had the opportunity to be cared for locally.

The clinic has a welcoming and caring culture and many patients have commented that it is very clear that the staff are dedicated to community service and enjoy working there.

Since opening in May 2020, ARCC has:

- Treated more than 23,700 patients
- Administered more than 17,662 COVID vaccinations
- Taken more than 6,000 swabs for COVID tests

ARCC often provides care to three generations of the same family. It is not unusual for members of the community to bump into people they know at the clinic and start catching

up on news or reminiscing about old times. Many new patients have booked into the clinic through word-of-mouth recommendations.

Did you Know?

ARCC is located on the Athelstone Uniting Church grounds, in the church's original recreation hall which has been modified into four treatment rooms and two waiting rooms. The church community has been incredibly supportive of the clinic. ARCC has vaccinated and tested many of the parishioners. Before ARCC started offering COVID-19 vaccinations in March 2021, a group of parishioners came to the clinic to help conduct a "dry run" to work out the logistics. Many of them became the first people vaccinated at the clinic, and they have come back for subsequent doses. Church management and the church community continue to visit and support ARCC.

Article provided by ARCC.



Digital Health

An update from our digital health team, including relevant resources and news relating to quality improvement activities, training, integrated care, and general support.

You can get in touch with our digital health team by emailing digitalhealthinfo@adelaidephn.com.au.

PenCS Licensing for Local Practices

Adelaide PHN is continuing to provide general practices within the Adelaide metropolitan region the opportunity to obtain a free licence for the PenCS software. This includes PIP QI essentials package to support the Quality Improvement Practice Incentive Program, foster broader quality improvement in general practice and improve delivery of primary health care in South Australia.

The end of this quarter has seen Adelaide PHN support 247 practices across the Adelaide metropolitan region with a fully subsidised PenCS licence.

Adelaide PHN will continue to offer free PenCS licensing for practices that agree to share full de-identified data set to Adelaide PHN. Practices that wish to only share the 10 PIP QI measures will need to contact PenCS to arrange to purchase a licence for their practice.

More information

For more information on licensing, training and/or resources, please contact the Digital Health Team at digitalhealthinfo@adelaidephn.com.au.

Adelaide PHN's

AOD Treatment Services brochure now available



Secure Messaging

Adelaide PHN's Central Referral Unit (CRU) clinically triages referrals for primary mental health care services across the Adelaide region. This centralised point of entry allows easy access to a wide range of services commissioned across the stepped care continuum.

To support the safe and secure exchange of clinical information between health care providers and our CRU, Adelaide PHN disabled fax and adopted the use of secure messaging. The CRU has been able to safely receive electronic referrals from HealthLink, Argus and ReferralNet (details of each below).

- **HealthLink**
EDI: adphncru
- **ReferralNet/Argus**
ID: CRU

The use of post, fax, or email to share patient and clinical information is an unsecure and unencrypted method of communication which poses both security and clinical risks due to the potential of interference.

Secure messaging however offers security, auditability, and privacy, ensuring the communication is encrypted and received by the intended recipient within the secure

messaging network.

There has been a great response to the use of secure messaging to the CRU from general practice since 30 June 2021, and this has meant the CRU team are able to reject less referrals due to missing patient information, improving processing time.

Please help us support patient confidentiality by using secure messaging platforms for all referrals into the CRU.

SA Health's Secure Messaging Delivery Rollout Update

SA Health is currently activating sites using HealthLink to allow Secure Message Delivery (SMD) of patient clinical documents.

SMD has attracted positive feedback from GP practices and specialist sites who are receiving electronic Emergency Department and inpatient discharge summaries directly into their practice software, saving them time and improving continuity of care for their patients. The number of discharge summaries sent via SMD is now higher than the sum total of all other distribution methods since January 2022 for Sunrise distributions.

Some of the GP practice feedback includes:

- "We are so glad to have the SMD. Our requests for discharge summaries have reduced by approx. 90%."
- "We are getting more discharge summaries coming through electronically, which is great!"
- "It is wonderful how we get these discharge summaries now!"

SMD activation for your practice is not automatic

To activate your practice with SA Health, update your details in the Health Provider Registry to match the HealthLink information for your practice. Once these details are updated, email Health.SecureMessageDeliverySupport@sa.gov.au to request an Address Confirmation Form to complete and return to SA Health if eligible. Once returned, SA Health will activate secure messaging for your practice.

If your practice would like support getting set up with secure messaging or need training for staff, please contact the Digital Health team at digitalhealthinfo@adelaidephn.com.au

To learn more about SA Health's SMD rollout and how to become eligible for activation, visit the [SA Health website](#). Please note that some document types will still be delivered by fax, ShareFile or post until further IT developments are completed across all document types. SA Health is also working on the ability to receive electronic referrals from GPs however this is not available at this point in time.



Telehealth

Supporting practices and patients to facilitate safe health consultations

Healthdirect Video Call has been developed by Healthdirect Australia to make it easy for health care providers to offer their services via video consultation. Patients can connect with their health care professional from anywhere that is convenient, using everyday devices such as a smartphone, tablet or desktop computer. Healthdirect Video Call can support practices and patients to facilitate health consultations while staying safe during these times.

The pilot program for the Healthdirect Video Call platform has also been extended to 30 June 2022. This will allow for continued use for current users and is still open for anyone wanting to start using the platform. Licenses can be provided to GP services and non-GP type primary care services classed as mental health, aged care, maternity, Indigenous health, and allied health services.

Find out more

For any support or to request a licence, please contact Adelaide PHN's Digital Health team via digitalhealthinfo@adelaidephn.com.au.

Electronic requesting



Electronic requesting (e-requesting) transfers pathology and diagnostic imaging requests from general practice clinical information systems (CISs) to participating providers via secure electronic communications. The use of e-requesting enables some results to be uploaded into My Health Record.

Pathology or diagnostic imaging reports from urban and rural public hospitals around Australia are now uploading to My Health Record, and therefore can be viewed by GPs. The number of private pathology and diagnostic imaging providers uploading to My Health Record will continue to increase over time. With reports uploaded into My Health Record, patients have better access to their own health care information, which they can then share with their health care providers.

Before setting up your practice, you will need to ensure your preferred pathology provider can receive e-requests from your clinical software. Currently, Australian Clinical Labs and Clinpath Pathology have compatibility with Best Practice and Medical Director software.

SA Pathology uses a web-based drop box to send PDF request forms to

their lab. This is not a server-based solution, so each clinician will have their own login and can use this from their individual device.

Medical practices wanting to assist their patients and other clinicians in accessing pathology reports in My Health Record should check they are using software listed [here](#) and contact their lab to have e-requesting and report upload progressed. Once the functionality is turned on, e-requesting will occur automatically.

If you need any assistance with setting up e-requesting or viewing reports through My Health Record, contact our Digital Health Team on digitalhealthinfo@adelaidephn.com.au.

Practice Support

Our dedicated Practice Facilitators form part of our Practice Support Team. They work with primary health care providers to support ongoing programs and initiatives that promote quality patient care and improve health outcomes.

If your practice needs support or information, email practicesupport@adelaidephn.com.au or phone 8219 5900.



Introducing our Practice Support Team

Our Practice Facilitators support primary health care providers (particularly general practice) to deliver high quality, safe, evidence-based, patient centered care to their communities. Primarily, our Practice Facilitators work with primary health care providers to support ongoing programs and initiatives that promote quality patient care and improve health outcomes. Regular support often includes navigating the Practice Incentives Program, preparing for accreditation assessments, analysing and interpreting practice data.

The team provide support to plan targeted, evidence-based quality improvement activities and specific health promotion and prevention projects within the community.

Practice Facilitators develop strong working relationships with primary health care providers, deliver hands-on coaching and offer support for all concerns, directing providers to the relevant information or connecting them to the service or person that can assist.

The challenges in primary health care are constantly changing, the

support Practice Facilitators provide is dynamic in nature, includes multiple aspects and evolves depending on the needs of the practice and population. During the COVID pandemic, support pivoted to focus on PPE distribution, managing vaccine excesses and shortfalls, and addressing questions.

Take a read over the coming pages as we introduce our Practice Facilitators.

You can get in touch with the team by emailing practicesupport@adelaidephn.com.au.



Krystle Meyers

Krystle oversees the Practice Support Team. She has 6 years of practice manager experience and has worked for the Adelaide Northern Division of General Practice, Northern Adelaide Medicare Local and Northern Health Network across multiple roles. Krystle has a broad and comprehensive understanding of the primary health care sector and enjoys working with the Adelaide PHN team and stakeholders to support meaningful improvements and changes in primary care that support better health outcomes for the community.



Clayton Brauwers

Clayton supports general practices in the western regions of Adelaide. He has a Bachelor of Health Science and joined Adelaide PHN in 2018. Clayton was involved in implementing My Health Record into specialist health care settings. Clayton has enjoyed watching digital health grow and looks forward to what it can become in the future.



Monique Hoey

Monique supports general practices in the northern regions of Adelaide. She has a Bachelor of Health Science. Monique joined Adelaide PHN in 2018 as a My Health Record Officer before transitioning into a Practice Facilitator role in late 2018. Monique finds her work very rewarding and has a special interest in supporting general practice with accreditation.



Phoebe Lawson

Phoebe supports general practices and Aboriginal Health Services in the central regions of Adelaide. She has a Master of Public Health and a background as a Registered Nurse. Phoebe's nursing experience includes working in the perioperative specialty with a focus on ENT and difficult airways at the RAH. In March 2020, she volunteered to move into the RAH COVID Clinic. Phoebe is passionate about improving patient health outcomes.



Jodie Bell

Jodie supports general practices in the southern regions of Adelaide. She has a Graduate Diploma of Public Health and a wealth of experience working in health organisations including Asthma Australia and the Cancer Council. Jodie joined Adelaide PHN in 2019 and has enjoyed her interactions with the dedicated and caring staff of general practices across Adelaide.



Maudlyn Ejiogu

Maudlyn supports general practices in the eastern regions of Adelaide. She has a Master of Public Health and over 6 years of experience working in the health, aged care and disability industries. Maudlyn recently joined Adelaide PHN and is passionate about identifying strategies to address problematic health trends and improve the health of the population.



Nabil Rashid

Nabil supports general practices in the north east regions of Adelaide. He has a Master of Public Health and almost 10 years of experience in general practice environments. This experience has provided Nabil with an opportunity to work towards decreasing the gaps for provision of primary health care to the community, whilst embedding research-based evidence programs. He is passionate about improving population health.

STEP UP. STAY COVID-SAFE.

For reminders on what to do: [StopTheSpread.sa.gov.au](https://www.stopthespread.sa.gov.au)



Adelaide Primary Care in Action

Highlights of programs and activities affecting the delivery and experience of primary health care across the Adelaide metropolitan region



Uni SA Research Study

The University of South Australia is conducting a research study investigating the meal timings of individuals.

Previous research has shown that beyond what we eat, the times of the day that we eat can affect our health. There is growing interest about how the mealtimes of individuals are negatively impacting on their health outcomes, and how that can be prevented by adjusting their timing of food intake. However, there is no convenient way of collecting information about meal timings and patterns. As such, researchers at the University of South Australia have created a Chrononutrition Questionnaire that does this. To ensure it captures accurate information about the timing of food intake in relation to sleep times, they need participants to help test it against validated sleep, work, and food diaries over a 2-week period. This will help them see how reliable the Chrononutrition Questionnaire is.

You will be asked to attend the Clinical Trials Facility at the City East Campus of the University of South Australia on Frome Road on 2 occasions over a 2-week period. At your first visit, we will measure your height and weight, ask you to fill in

a Chrononutrition Questionnaire, and provide you with materials and instructions on how to fill in a 7-day food diary, 14-day sleep diary, and 14-day work/study diary (approximately 30-45 minutes). Your second visit to the Clinical Trials Facility will take place two weeks later (approximately 15 minutes). At this visit, you will return the diaries and fill in the Chrononutrition Questionnaire again. Upon completion of the study, you will be entered into a prize draw to win one of three \$100 Coles vouchers.

You are eligible for the study if you are:

- Aged 18 years or older
- Able to read and write English

Further eligibility will also be assessed after completing an eligibility survey

To obtain more information about the study and to complete an eligibility survey, please scan the QR code on the following page.

If you require more information about this project to help you arrive at a decision, please contact:

- Clinical Trial Facility: 8302 1365
- Email: unisa.researchvolunteers@unisa.edu.au

Investigating meal timings



Article provided by the University of South Australia.



HELP BEAT BOWEL CANCER

.....
 Donate at bowelcanceraustralia.org



ScriptCheckSA

Patient referrals and resources

ScriptCheckSA supports good clinical practice by alerting prescribers and pharmacists to patients who may be at an increased risk of harm from monitored drugs. But it can be difficult to know what to do to support your patients if you think that they may be at risk of harm.

To help you provide quality care for your patients, the ScriptCheckSA online training modules include a comprehensive range of patient referral information and resources in the one easily accessible location.

The online training consists of five 15-minute modules, tailored for prescribers and pharmacists and contain information on how to use and navigate the system, the options available when you identify a patient is at risk of harm, and practice-based case studies.

To meet your individual learning needs, you can choose the modules you wish to complete, and the order you wish to complete them in.

The resources and links in the modules can be accessed at any time to help you find the resources you need to help your patients.

Register and access the free ScriptCheckSA online training at scriptcheck.sa.gov.au.

Useful services to support you to use ScriptCheckSA, include:

- **ScriptCheckSA IT Support**
(8.00am – 4:30pm Mon to Fri)

For technical issues, like difficulty with registering or logging on

Phone: 1300 652 584
Email: Health.ITsupport.ScriptCheck@sa.gov.au

- **Drugs Dependence Unit**
(9:30am – 4:30pm Mon to Fri)

For regulatory advice or support to interpret the information in ScriptCheckSA

Phone: 1300 652 584
Email: HealthDrugsofDependenceUnit@sa.gov.au

- **Drug and Alcohol Clinical Advisory Service**
(8:30am – 10.00pm 7 days / week)

For clinical advice on managing patients with alcohol and other drug related problems

Phone: (08) 7087 1742
Email: HealthDACASEnquiries@sa.gov.au

- **CALHN Pain Management Support Line**
(9.00am – 5.00pm Mon to Fri)

For prescribers seeking pain management advice

Phone: (08) 8222 7826
Email: calhnpainunit@sa.gov.au

- **Psychiatry Support Line**
(8:30am – 4:30pm Mon to Fri)

For GPs seeking support to manage patients with mental health conditions

Phone: 1800 161 718
Email: admin@gpsupport.org.au

Patient resources, including printable handouts, easy read brochures, FAQs and list of support services can be found at sahealth.sa.gov.au/scriptchecksa.

For more information visit sahealth.sa.gov.au/scriptchecksa and for any questions, please email the Project Team at Health.RTPM@sa.gov.au.

Article provided by SA Health.



ScriptCheckSA



Government of South Australia
SA Health

Supporting prescribers and pharmacists to prescribe and supply monitored drugs safely

SHINE SA RESOURCES

FREE Resource for Young People: A Quick Guide to the Menstrual Cycle and Periods

SHINE SA are excited to introduce a new resource for young people. 'A Quick Guide to the Menstrual Cycle and Periods' aims to demystify periods with practical information whilst also helping to reduce some of the stigma surrounding them. SHINE SA has designed this guide to answer the questions that young people want to know, like what is a period? Why do we have periods? What is a menstrual cycle? What period products should I use?...and more.

Download or order now: www.shinesa.org.au/product/period-guide/



FPA National Certificate in Reproductive and Sexual Health for Doctors

SHINE SA's comprehensive course the FPA National Certificate in

Reproductive and Sexual Health for Doctors is open for enrolments.

This training is for medical practitioners who wish to expand their knowledge and increase their skills in the delivery of sexual and reproductive health care.

Doctors with a minimum of one year of postgraduate experience in community based general practice or obstetrics and gynaecology can register for this training.

Enrol now via the SHINE SA website.

Article provided by SHINE SA.

Resources for CALD Communities

Strength for Life is a great way for older South Australians aged 50+ (40+ for community members from Aboriginal or refugee backgrounds) to keep active, maintain their physical and mental wellbeing and make friends in a supportive and fun environment. Strength for Life sessions are available in over 100 locations across metro and regional South Australia.

Strength for Life is for everyone, regardless of cultural background. COTA SA is proud to announce the launch of a suite of resources in different languages to assist people from different cultural backgrounds

to enroll and get started in Strength for Life.

The translated resources include:

- Enrolment forms
- Posters
- How does Strength for Life work?

These resources are all available in the following languages: Vietnamese, Italian, Greek, Tagalog, Chinese, Persian, Arabic, Hindi and Spanish.

They can be found on COTA SA's website: cotasa.org.au.

Medical and allied health referral forms, enrolment forms, screening questionnaires can be found by visiting the COTA website.

For more information, please contact the Strength for Life Program team at COTA SA on 08 8232 0422 or email sfl@cotasa.org.au.

Article provided by COTA SA.



**Get tested for COVID-19 immediately
if you have any symptoms, even if mild.**



Government of South Australia
SA Health

**IT'S TIME TO
BREAK DOWN THE
BARRIERS**

Men's Health Week
June 13 – 19 2022

Learn more at www.healthymale.org.au

HEALTHY MALE
Generations of healthy Australian men

Omega-3 Testing

Helping premature births

Every year more than 15 million babies worldwide are born too soon. Researchers from the South Australian Health and Medical Research Institute (SAHMRI) have not only uncovered one of the risk factors but are doing something about it! Many years of research has led to the discovery that women who have a low level of omega-3 fats in their blood are at higher risk of early preterm birth, and that omega-3 supplements can reduce this risk by up to 77%.

In partnership with SA Pathology, SAHMRI have developed an omega-3 screen-and-treat program to identify women who are low in omega-3 enabling the appropriate advice regarding supplementation to reduce their risk of preterm birth. Processes are now available to order, measure, and report on omega-3 status for women as part of their routine antenatal care.

This omega-3 screen-and-treat program is supported by a large body of research informing the NHMRC Australian Pregnancy Care Guidelines which now advise omega-3 supplementation for

reducing the risk of prematurity in women who are low in omega-3. As the first point of contact for many pregnant women, GPs and primary health care teams are well positioned to implement these guidelines and improve the health of women and their babies.

The omega-3 screen-and-treat program launched in April 2021 and we've seen a steady increase in the number of women tested. Over 4,000 pregnant women have participated, and we are reaching ~30% of all women with singleton pregnancies in South Australia. More than 80% of these tests are ordered and managed by GPs and overall, nearly 1 in 5 women tested (18% of women) have low omega-3 status.

All women in South Australia with a singleton pregnancy are eligible for the test performed on blood collected as part of the established SA Maternal Serum Antenatal Screening (SAMSAS) program at no cost to the woman or health service.

The omega-3 test results are reported back to the requesting provider and include guidance for supplementation depending on the result, see Information for health professionals [here](#).

To order the omega-3 test:

1. Discuss the omega-3 test and refer woman to the Information for Families brochure [available here](#)
2. Order using the updated SAMSAS blood analysis request form [available here](#) or by calling the SAMSAS Program (08) 8161 7285
3. Tick the omega-3 test on the SAMSAS request form. Alternatively, superseded SAMSAS request forms can be used to order the omega-3 test. Write 'omega-3 to SAMSAS' on the superseded SAMSAS forms
4. Refer the woman to the Privacy and Disclosure on the SAMSAS request form
5. The omega-3 test results will be reported to the requesting provider
6. Advise women regarding supplementation based on the result of her omega-3 test

Article provided by SAHMRI.

MATERNAL SERUM SCREENING TEST
Down syndrome, Neural Tube Defects and other Pregnancy Pathologies

SA PATHOLOGY

Patient Details Ethnic Group: Caucasian Aboriginal Asian African-Caribbean

Family Name _____ Given Name(s) _____

Date of Birth _____ UR Number _____ Medicare Number _____

Address _____

Suburb _____ State _____ Postcode _____

Clinical Details – Mandatory

First Trimester Screen Second Trimester Neural Tube Defect only Omega-3 status (SAHMRI)

EDD/LMP _____ Cycle length (days) _____ Maternal weight (Kgs) _____

GA Clinical weeks + days _____ on _____

GA Ultrasound weeks + days _____ on _____

Crown-rump length (CRL) mm _____ on _____

MATERNAL SERUM SCREENING TEST
Down syndrome, Neural Tube Defects and other Pregnancy Pathologies

SA PATHOLOGY

Patient Details Ethnic Group: Caucasian Aboriginal Asian African-Caribbean

Family Name _____ Given Name(s) _____

Date of Birth _____ UR Number _____ Medicare Number _____

Address _____

Suburb _____ State _____ Postcode _____

Clinical Details – Mandatory

First Trimester Screen Second Trimester Neural Tube Defect only Omega-3 status (SAHMRI)

EDD/LMP _____ Cycle length (days) _____ Maternal weight (Kgs) _____

GA Clinical weeks + days _____ on _____

GA Ultrasound weeks + days _____ on _____

Crown-rump length (CRL) mm _____ on _____

SAIDHS for GPs and Specialists

The South Australian Intellectual Disability Health Service (SAIDHS), formerly known as the Centre for Disability Health, is a state-wide, specialised health service funded by SA Health.

SAIDHS provides:

- Multidisciplinary medical and mental health assessment and consultation for adults with an intellectual disability and complex needs to support ongoing care in the community
- Clinical support and advice for GPs and specialists who provide care to people with an intellectual disability

Services are provided at the SAIDHS clinic located at Ingle Farm, or via telehealth. Home visits are also available based on clinical need and service capacity.

The new SAIDHS website provides further service information and resources including:

- Eligibility criteria and referral templates to import into your practice management software
- Information on annual health

assessments for people with intellectual disabilities

- My Health Information (for when I go to hospital) document (free download) to support people with intellectual disabilities to communicate their needs and preferences when accessing hospital care

These resources are available via the [SAIDHS Website \(Clinician Landing Page\)](#).

You can also call us on 8257 7300 or email us HealthSAIDHS@sa.gov.au.

Article provided by SAIDHS.

NAIDOC WEEK
3-10 JULY 2022

Stronger, Ryhia Dank (Nardurna)

I created this piece after reading this year's NAIDOC theme. I knew straight away I wanted to do a graphic piece centred around our flags with text highlighting what we have been through and are still fighting for. I feel that this piece being black and white allows us to focus on the detail and messages in the artwork.

In this artwork I have little bits of me and my family, I have included a crocodile for my late granny. She was one of the strongest women I know and was never afraid to speak her mind and stand up for family and Country. I have also included my family's dancing stick, this is present as a reminder that we will always have our Country, Kin and Culture. There are also symbols to represent us as a community. People gathered around a camp, a spear and boomerang to represent our strength, water, trees, animal tracks and non-human entities to show our connection to Country.

NAIDOC Week 2022 proudly acknowledges and celebrates the 50th Anniversary of the Aboriginal Land Rights (1972) and 50th Anniversary of the 1992 Mabo Decision (Jardus v Queensland) (No. 2) (1992).

[facebook.com/NAIDOC](https://www.facebook.com/NAIDOC)
[@naidocweek](https://www.instagram.com/naidocweek)
[@naidocweek](https://twitter.com/naidocweek)

[naidoc.org.au](https://www.naidoc.org.au)

**Connect
with us**

08 8219 5900
enquiry@adelaidephn.com.au
adelaidephn.com.au

**Further
information**

Find out more about Adelaide PHN's programs and services via our [online directory](#).

Providers can find a [calendar of local professional development opportunities](#) and a [resource library](#) to support delivery of primary health care across the metropolitan region.

Adelaide PHN's career page includes listings of vacancies within general practice across the Adelaide region (a service offered for free to general practice teams).

Adelaide PHN distributes Connect to provide beneficial and relevant information. The content is sourced from credible organisations, but please note we do not undertake extensive quality reviews. While the Australian Government helped fund this document, it has not reviewed the content and is not responsible for any injury, loss or damage however arising from the use of or reliance on the information provided herein.